



Name of resource

TeamUp - At home activity book

Leading organisation

War Child, Save the Children and UNICEF Netherlands

Country

 The Netherlands

Year of development

2016 - 2022

Contact

TeamUp@warchild.nl

Website

www.warchildholland.org/intervention-teamup

Type of resource

Activity book

Target group

Leaders, trainers, volunteers working in the IRTS field

Short description

TeamUp works to improve the psychosocial wellbeing of conflict-affected children aged six to 18. This is done through structured play and movement-based activities provided by trained facilitators. Children become aware of how their body works as well as how to engage with and trust in others. We communicate through movement rather than verbal cues so that all children can participate, even if they don't share a common language.

When the pandemic started, TeamUp developed downloadable activity sheets for children, parents/caregivers who are living together. With these activity sheets, children and their parents/caregivers can experience fun and physical activity in their daily routines.

Discover more

https://www.warchildholland.org/documents/160/TeamUp_at_Home.pdf

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